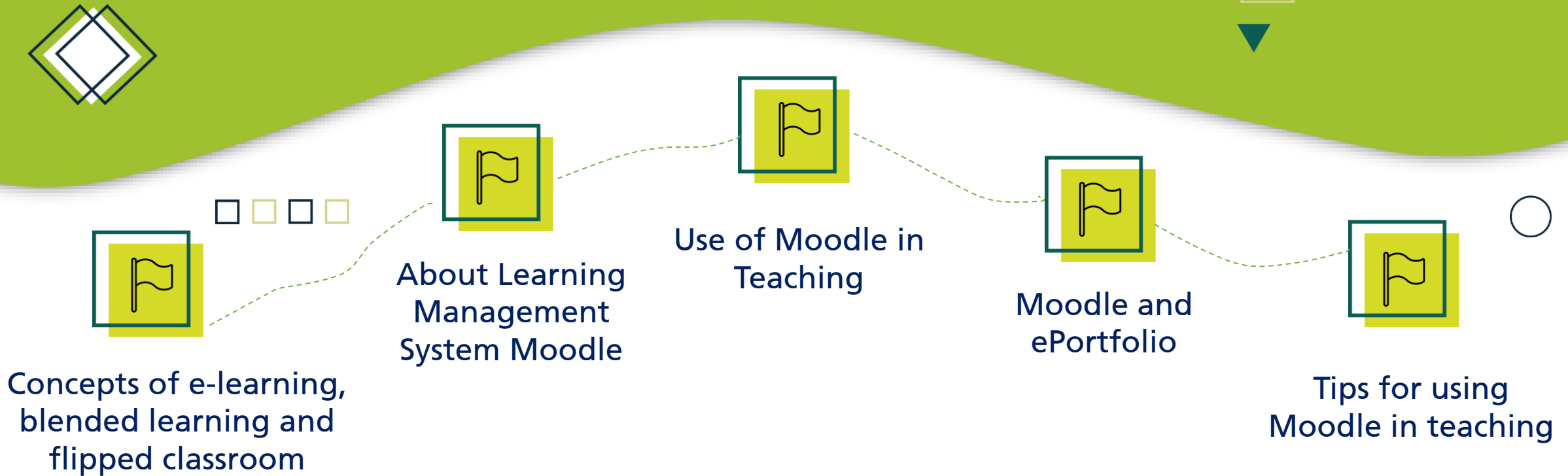


# How to use Moodle?

## Learning journey



**Erasmus+ project:** Development through autonomy, self-responsibility and self-care: ePortfolios as a life-long-learning approach from secondary school to university



# Learning Journal

This enclosed document serves as support for you while working on the self-learning module, enabling you to reflect on the content you have engaged with. In filling it out and designing it, unleash your creativity and decide for yourself the focus points that particularly intrigue you.





Questions that can assist you in reflecting on your learning process:

**What I learned:**



Questions that can assist you in reflecting on your learning process:

**Ideas I had:**



Questions that can assist you in reflecting on your learning process:

**What I found new:**



Questions that can assist you in reflecting on your learning process:

**What I found  
challenging:**



Questions that can assist you in reflecting on your learning process:

**What I want to  
learn more about:**

**Notice**







# My next steps





# Imprint



## Erasmus+ project

Development through autonomy, self-responsibility and self-care:  
ePortfolios as a life-long-learning approach from secondary  
school to university

### Image sources

Flag: [flaticon.com](http://flaticon.com)

Geometric background: [freepik.com](http://freepik.com)

Ink brush: [freepik.com](http://freepik.com)

Color palette: <https://color.adobe.com/de/explore>

